Endoscopy Preparation

Procedure is scheduled with: _____

Date: _____
Arrival time: _____
Procedure time: _____

Procedure Location

Out Patient Endoscopy Locations			
Clayton 900 S Lombard Street. Suite# 104 Phone: 919-341-3547	**Raleigh** 2601 Lake Drive Suite# 201 Phone: 919-783-4888	**Wake Forest** 10540 Ligon Mill Road Suite# 109 Phone: 919-439-3393	**Wilson** 2402 Camden St SW Suite #300 Phone: 252-237-4100

Out Patient at Wake Med Hospital			Out Patient at Rex Hospital
Cary	**North**	**New Bern**	

You will be sedated for this procedure and you must have:
Adult driver, 18 years or older to bring you to your procedure
Adult driver must stay at the facility for the duration of the procedure
Adult driver must drive you home

If you take Phentermine it MUST be stopped 14 days prior to procedure

If you take Coumadin, Warfarin, Pradaxa, or any other blood thinner please call our office for specific instructions

The facility has the right to delay or cancel your procedure in the event you do not have an adult driver with you to drive you home.

If you are unable to keep your appointment, please call our office as soon as possible to reschedule. We do reserve the right to charge for missed appointments or appointments cancelled less than 72 hours in advance.

Preparation for Upper Endoscopy (EGD/Gastroscopy)

Do not eat or drink anything after midnight on: _____
Please note:
If your procedure is scheduled for noon or later, you may have clear liquids until 6 am the day of procedure.
Take all regularly scheduled medications with a small amount of water the day of the procedure. .

Diabetic Patients:
Day before procedure: take your normal am dose or insulin or oral medication; take ½ of pm insulin dose, no oral diabetic medications.
Day of procedure: do not take any diabetic medications until after the procedure.

Asthma Patients:
If using an inhaler
Bring inhaler with you day of procedure

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Endoscopy

You have been scheduled for gastrointestinal endoscopy also called esophagogastroduodenoscopy (EGD).

Purpose of procedure:
> Help to identify abnormalities in your esophagus, stomach and/or duodenum. The results obtained from this test may explain the cause of symptoms such as abdominal pain, nausea, reflux, or difficulty swallowing.

What occurs during the procedure?
> You will have an IV inserted, this is used to administer the sedation medication Propofol. You will be monitored throughout the procedure by the nurse anesthetist.
> You will have a cannula placed in your nostrils to administer oxygen and your breathing will not be obstructed during the procedure
> You will have a small, lighted, flexible fiber optic tube, inserted by the physician to examine your mouth, the back of the throat, and the lining of your esophagus and stomach. This tube is smaller than most food you swallow.
> You may have biopsy (tissue samples) taken by the physician during the examination and this is not painful.
> If biopsies, tissue samples, are taken they will be sent to a pathologist for examination under the microscope.

Are the any complications?
> An EGD is safe and is considered a very low risk procedure.
> Complications can occur they are however rare and may include but are not limited to: hemorrhage (bleeding), perforation (tearing) of the esophagus or stomach, pneumonia, or an adverse reaction to the medications used for sedation.

What can I expect after the procedure?
> Do not eat or drink anything for one hour after your exam.
> You may feel sleepy for several hours after the examination.
> Do not plan to return to work drive or sign any legal documents for the remainder of the day.
> You may experience a mild sore throat lasting one or two days after the exam.
> You may use throat lozenges or saltwater gargles for relief.
> If a biopsy is taken during your examination, our office will call you with your pathology results in 7-10 days.